



# Cedar Hill February 2018 Bernard's Township Elementary Schools

## Entrée's Available Daily

Cheese OR Pepperoni Pizza  
Baked Chicken Patty on a WG Roll  
Angus Burger,  
Angus Cheeseburger, OR  
Veggie Burger on WG Roll  
Entrée Salad of the Day  
Hummus and Vegetable Platter

## Lunch Price \$2.60

Must purchase at least 1 fruit or vegetable and 2 other food groups, otherwise, a la carte pricing applies.  
ALL qualifying Lunches include Choice of Skim, 1%, Non Fat Chocolate Milk OR 8oz Bottle of Water  
Free or Reduced Lunches to those who qualify.

### Allergen Key

G – Contains Gluten  
E -- Contains Egg  
D -- Contains Dairy

5

Chicken Tenders (G)  
Honey Butter Roll (GD)  
Mashed Potatoes (D)  
Fruit Cocktail

6

Rotini Pasta with Italian Meat Sauce\* with Breadstick (GD)  
Green Beans  
Fresh Banana

7

Grilled Cheese with Ham OR Plain\* (GED)  
Steamed Carrots  
Fresh Orange Wedges

1

### Ace Giveaway

Three Cheese Calzone with Marinara Sauce (GD)  
Steamed Carrots  
Fresh Orange

2

Cheesesteak on a WG Roll (GD)  
Seasoned Peas & Carrots  
Apricots

### 9 Super Bowl Friday

Touchdown Cheese Breadstick Dippers\* with Marinara Sauce (GD)  
Mandarin Oranges  
Fresh Baby Carrots

12

Penne Pasta with Chicken Rosa Sauce with Garlic Bread (GD)  
Fresh Baby Carrots  
Fresh Apple Wedges

13

Chicken & Cheese Tacos with Lettuce & Tomato\* (GD)  
Cilantro Lime Rice (G)  
Orange Wedges

14

Cheesy Baked Penne\* with or without Beef Meatballs (GD)  
Parmigiana Bread Stick (GD)  
Roasted Squash  
Diced Pears

15

Popcorn Chicken with WG Dinner Roll (GED)  
Baby Carrots with Dip  
BBQ Black Beans  
Applesauce

### Celebrate Chinese New Year

Hoisin Chicken over Rice (G) OR Vegetable Lo Mein (GE)  
Oriental Broccoli Salad  
Fresh Banana  
Wonton Soup (GE)

19

**No School  
Mid-Winter  
Recess**

20

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Mid-Winter  
Recess**

21

Beef Meatball Stew over Parsley Egg Noodles (GED)  
Steamed Broccoli  
Fresh Fruit Cup

22

Spaghetti with Choice of Meatballs or Marinara Sauce (GD)  
WG Garlic Bread (GD)  
Celery Sticks

23

Turkey Pancake Wrap (GE)  
Fresh Broccoli with Dip  
Mandarin Oranges

26

Cheese Quesadilla\* OR Beef Quesadilla (GD)  
Roasted Brussel Sprouts  
Mixed Fruit

27

All Beef Hot Dog on a WG Bun (G)  
Steamed Carrots  
Fresh Banana

28

Chicken Mac with WG Breadstick (GD)  
Carrot Sticks with Dip  
Diced Pears

Gluten Free pasta is available whenever regular pasta is served  
Gluten free pizza is available every Friday

### \*Vegetarian Options\*

\*Many Lunch options can also be made Vegetarian\*

**Menu Subject to Change**

For Nutritional Information, Please Visit <http://bernards.schooldish.com>



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